Radical | Green

Arch 126: Environmental Building Design Winter 2019

"The world will not evolve past its current state of crisis by using the same thinking that created the situation."

Albert Einstein

...the world of DESIGN needs some Radical thinking!



Being less BAD is not GOOD enough

Radical CONFLICT!??

#1 – GLOBAL WARMING – too much CO₂
#2 – RUNNING OUT OF OIL (oil causes CO₂)





POLLUTION IS AN ACT OF DESIGN

Remember, EVERYTHING that is called 'disposable' was DESIGNED from day one to be garbage--as its PRIMARY and overriding design consideration."











Radical PHILOSOPHY!??

WASTE = FOOD

(the human race is the only species to DESIGN things with the INTENTION that they become GARBAGE!)

MIMIC NATURAL CYCLES

Design for a closed loop where WASTE becomes FOOD and FEEDS back into a healthy cycle....



Radical PROPOSITION!??

DESIGN FOR DISASSEMBLY

So that we can take things (even buildings!) apart and easily repair or reuse them REUSE MEANS LESS ENERGY THAN RECYCLE

MIMIC OTHER INDUSTRIES

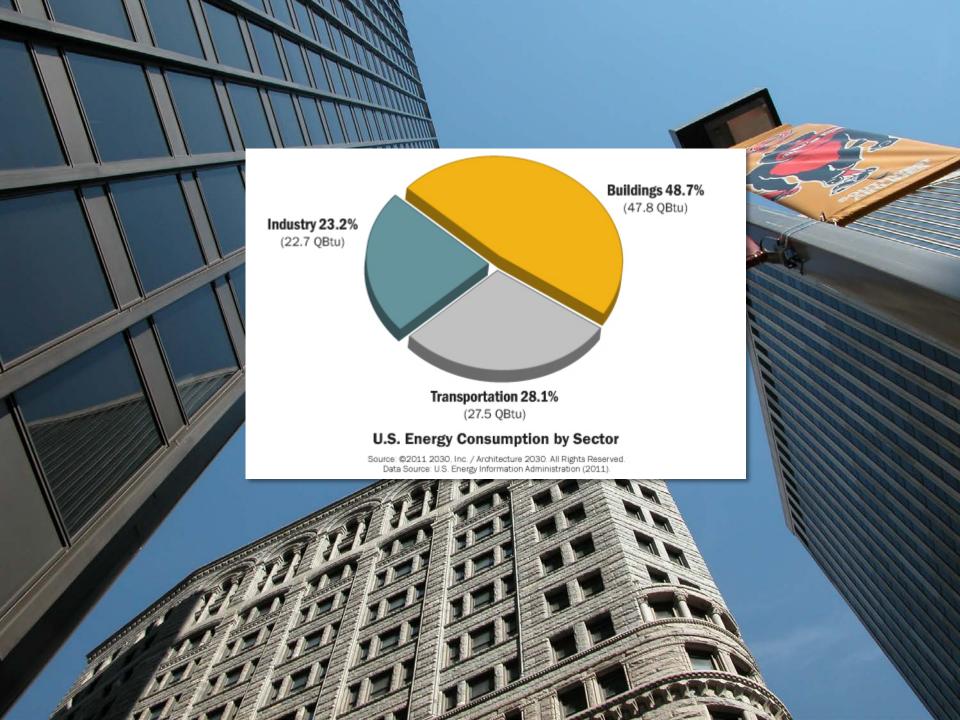


Inconvenient TRUTH

BUILDING 40% TO 7



3ETWEEN WISSIONS



You might not remember August 14, 2003?

Radical Wake Up Call

The Northeast Blackout of 2003 was a massive widespread power outage that occurred throughout parts of the Northeastern and Midwestern United States, and Ontario, Canada on Thursday, August 14, 2003, at approximately 4:15 pm EDT (20:15 UTC). At the time, it was the most widespread electrical blackout in history. The blackout affected an estimated 10 million people in the Canadian province of Ontario and 45 million people in eight U.S. states.

You might remember December 21, 2013?



Radical PROBLEM!

- No power...
- Hot August weather... or
- Cold December temperatures...
- Hooked on electricity, heat and A/C
- What buildings/environment/systems "worked"?
- What buildings/environment/systems "didn't" work?



Radical AWAKENING!

- Grid and energy dependent buildings/environment/systems DID NOT WORK!
- OPERABLE WINDOWS WORKED!
- NATURAL VENTILATION WORKED!
- SHADE WORKED!
- SUNLIGHT WORKED!
- DAYLIT SPACES WORKED!
- WALKABLE NEIGHBOURHOODS WORKED!
- BICYCLES WORKED!

Radical THOUGHT!??

MAYBE WE SHOULD BEGIN TO DESIGN OUR BUILDINGS/ENVIRONMENTS IN REVERSE! Start with a basic UNPLUGGED building

Radical Steps!

```
#1 - start by UNPLUGGING the building
Then...

#2 - heat only with the sun

#3 - cool only with the wind and shade

#4 - light only with daylight
```

USE the ARCHITECTURE first, and mechanical systems only to supplement what you cannot otherwise provide.

#5 – USE RENEWABLE CLEAN ENERGY BEFORE HOOKING UP TO NATURAL GAS, OIL OR THE REGULAR ELECTRICAL GRID (with all of its nastiness – including CO₂)

Radical IS Passive...

PASSIVE DESIGN is where the building uses the SUN, WIND and LIGHT to heat, cool and light

ARCHITECTURALLY

Carbon Reduction: The Passive Approach

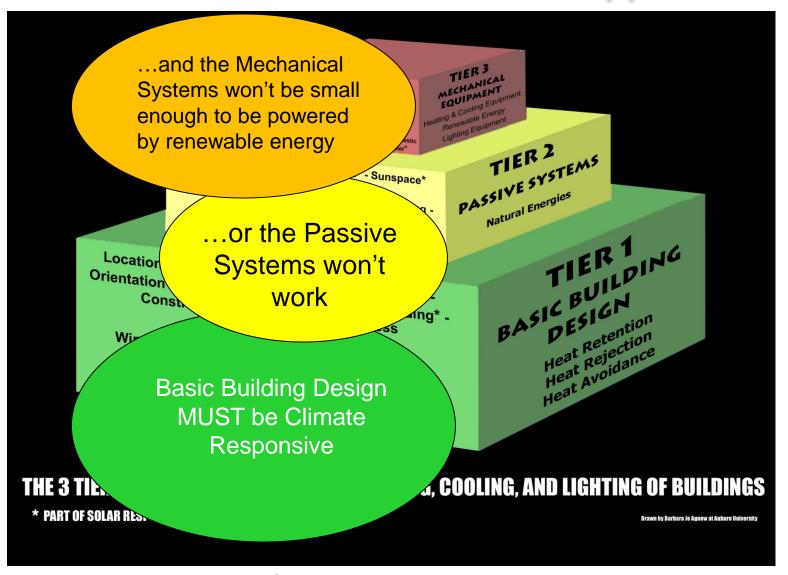
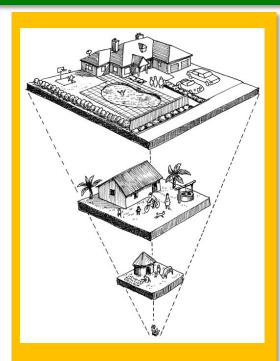


Image: Norbert Lechner, "Heating, Cooling, Lighting"

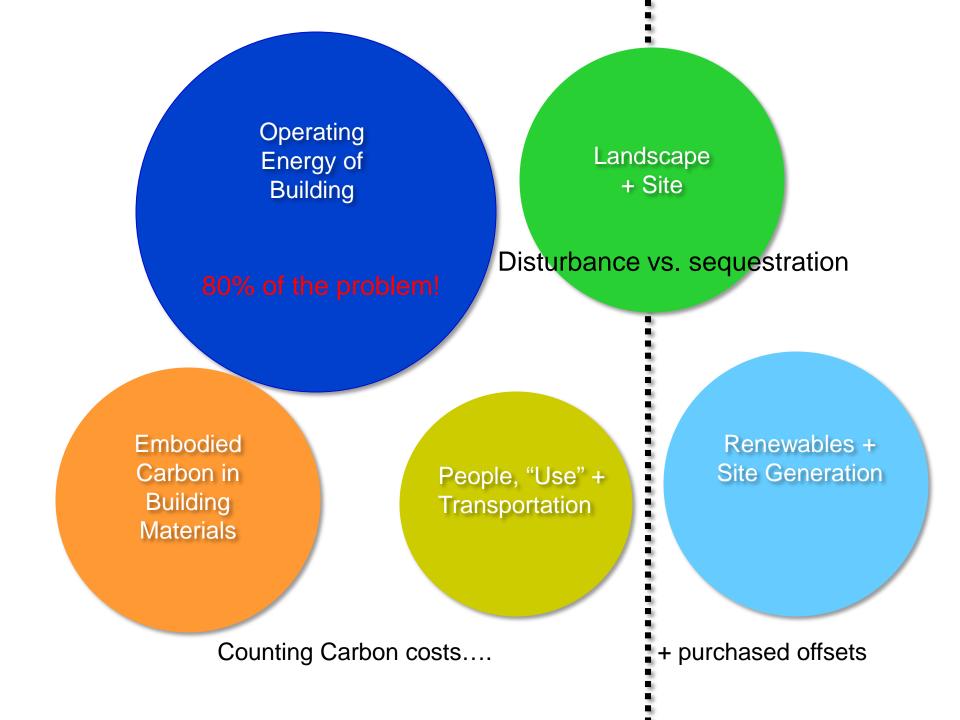
Radical Thought – Smaller is Better!

- **Simple!**...less building results in less embodied carbon; i.e. less carbon from materials used in the project, less requirements for heating, cooling and electricity....
- Re-examine the building program to see what is really required
- How is the space to be used?
- Can the program benefit from more inventive double uses of spaces?
- Can you take advantage of outdoor or more seasonally used spaces?
- How much building do you really need?
- Inference of LIFESTYLE changes



Calculating your "ecological footprint"

... can naturally extend to an understanding of your "carbon footprint"



Radical REALIZATION

#1 - OUR NORTH AMERICAN LIFESTYLE OF CONSUMPTION IS NOT SUSTAINABLE

#2 - DEVELOPING COUNTRIES (WITH ZILLIONS MORE PEOPLE THAN WE) ARE STRIVING TO BE JUST LIKE US....



Radical TOUGH QUESTION:

IS EVERYONE IN THE WORLD ENTITLED TO LIVE LIKE US?

IS EVERYONE IN THE WORLD ENTITLED TO WASTE RESOURCES LIKE WE DO?

MUST WE SHARE — IF IT MEANS LOSS OF LIFESTYLE?



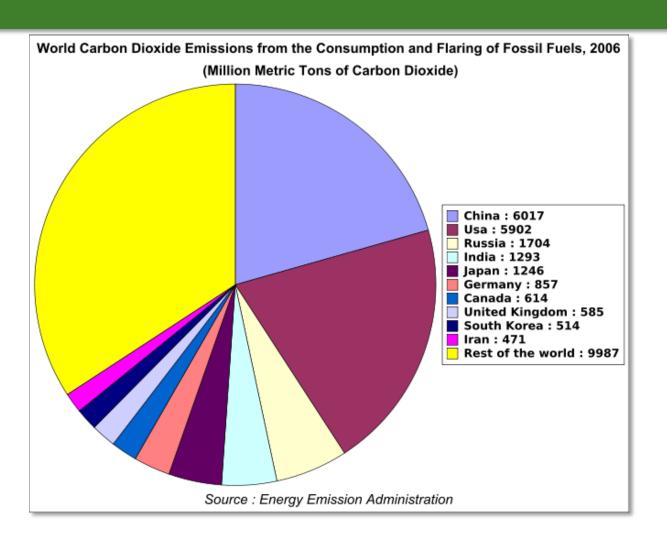
CO₂ Production by Country in 1997

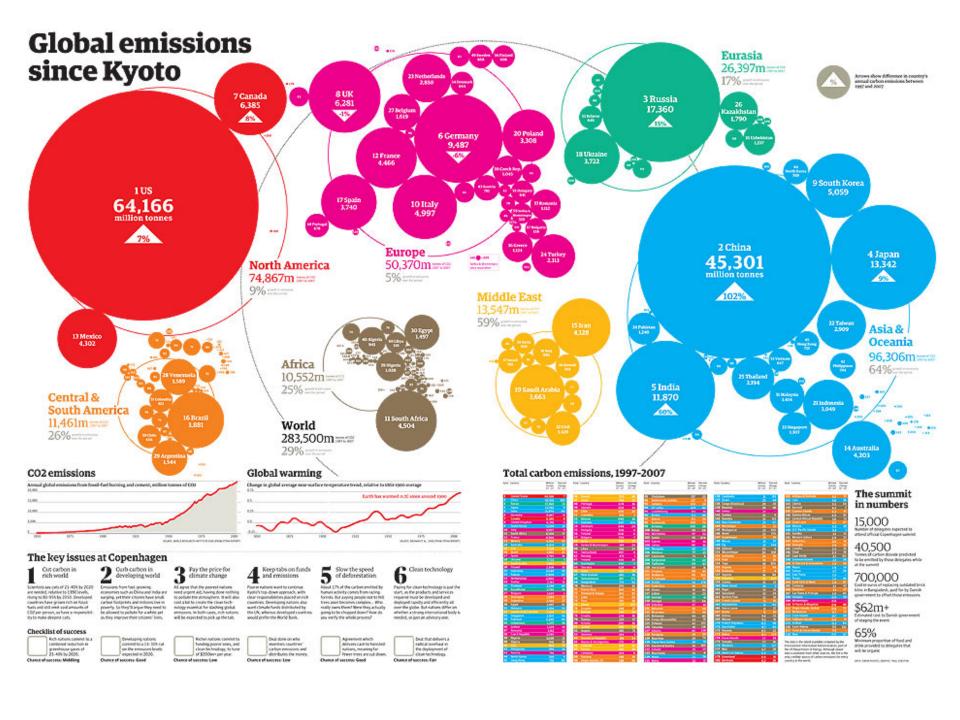
Country	CO ₂ Produced Total (millions)	(tonnes of carbon) Per Capita	
U.S.	1,489.6	5.48	Radical Problem here!
China	913.8	0.75	
Russia	390.6	2.65	
Japan	316.2	2.51	
India	279.9	0.29	
Germany	227.4	2.77	
UK	142.1	2.41	
Canada	133.9	4.42	Radical Problem here!
Italy	111.3	1.94	
Ukraine	100.4	1.97	

Source: Carbon Dioxide Information Analysis Center, Oak Ridge National Laboratory, Tennessee

And can you even IMAGINE how bad this might be if everyone in India and China lived like we do???

CO₂ Production by Country in 2006

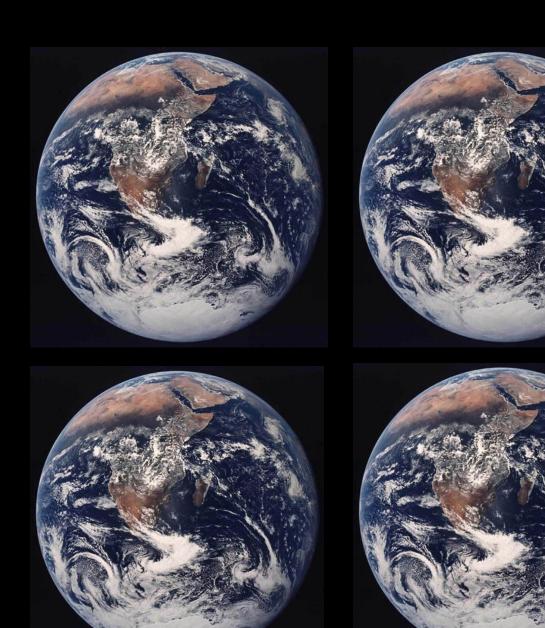




Radical PROBLEM:

MUST WE SHARE – IF IT MEANS LOSS OF LIFESTYLE?

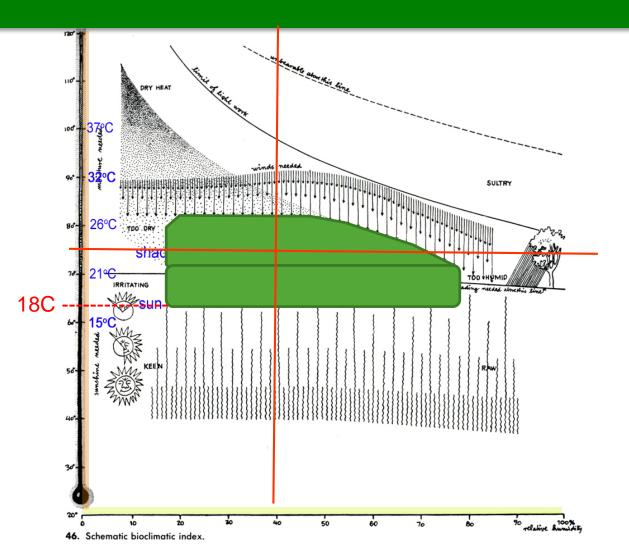
AVERAGE ONTARIAN NEEDS 4 PLANETS TO SUPPORT LIFESTYLE....



Radical POTENTIAL!!

COMFORT ZONE
WHAT IS IT?
WHAT DOES IT HAVE TO DO WITH
GREEN BUILDING?

Where is your Comfort Zone?



This famous illustration is taken from "Design with Climate", by Victor Olgyay, published in 1963.

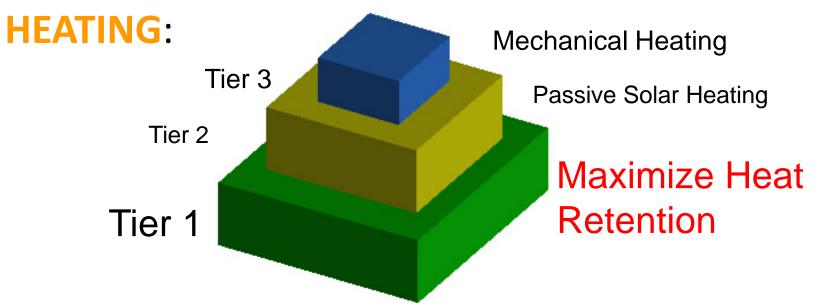
This is the finite point of expected comfort for 100% mechanical heating and cooling.

To lower our energy consumption, we must work within the broader area.

AND move this line DOWN to 18C (point of heating or cooling in degree day calculations.

PASSIVE Strategies - HEATING

The tiered approach to reducing carbon for



First reduce the overall energy required, then maximize the amount of energy required for mechanical heating that comes from renewable sources.

Source: Lechner. Heating, Cooling, Lighting.

PASSIVE Strategies - HEATING

MAXIMIZE HEAT RETENTION:

- 1. Super insulated envelope (as high as <u>double</u> current standards)
- 2. Tight envelope / controlled air changes
- Provide thermal mass inside of thermal insulation to store heat (COMPLETE OPPOSITE OF REGULAR WOOD FRAME CONSTRUCTION!)
- 4. Top quality windows with high R-values up to **triple glazed** with argon fill and low-e coatings on two surfaces
- Premise what you don't "lose" you don't have to create or power.... So make sure that you keep it! (...NEGAwatts)

PASSIVE Strategies - HEATING

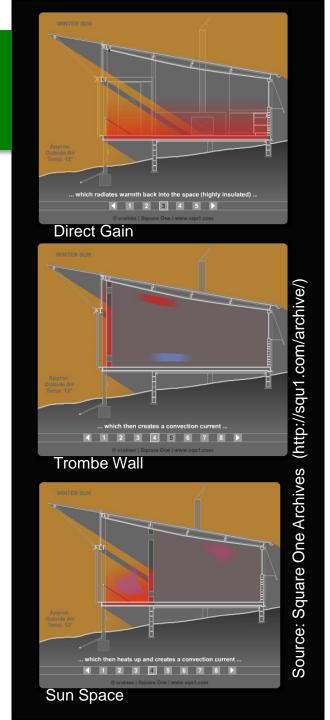
PASSIVE SOLAR HEATING:

- 1. primarily south facing windows
- 2. proportion windows to suit thermal mass and size of room(s)

3 MAIN STRATEGIES:

Direct Gain

Thermal Storage Wall Sunspace



Thermal Mass is Critical

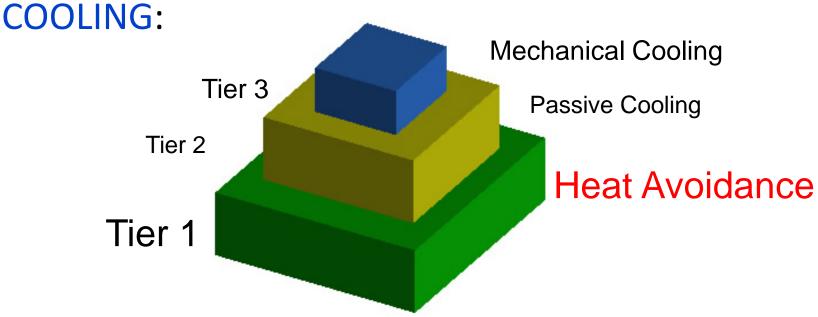
- To ensure comfort to the occupants....
- People are 80% water so if they are the only thermal sink in the room, they will be the target.

 And to store the FREE energy for slow release distribution....



Aldo Leopold Legacy Center: Concrete floors complement the insulative wood walls

The tiered approach to reducing carbon for



Maximize the amount of energy required for mechanical cooling that comes from renewable sources.

Source: Lechner. Heating, Cooling, Lighting.

HEAT AVOIDANCE:

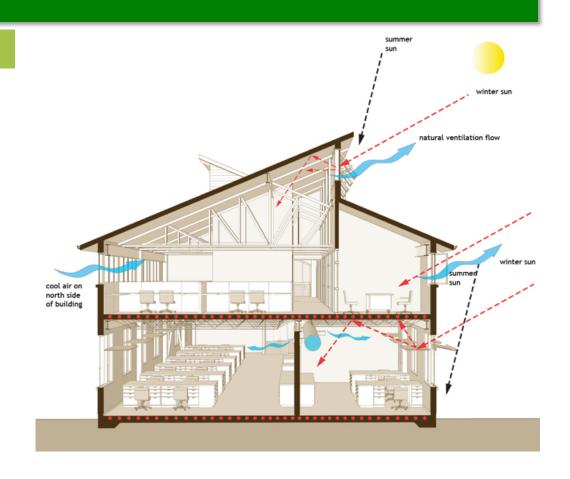
- 1. shade windows from the sun during hot months
- design materials and plantings to cool the local microclimate
- 3. locate trees and trellis' to shade east and west façades during morning and afternoon low sun



If you don't invite the heat in, you don't have to get rid of it.....

NATURAL VENTILATION:

- design for maximum ventilation
- keep plans as open as possible for unrestricted air flow
- 3. use easily operable windows at low levels with high level clerestory windows to induce stack effect cooling



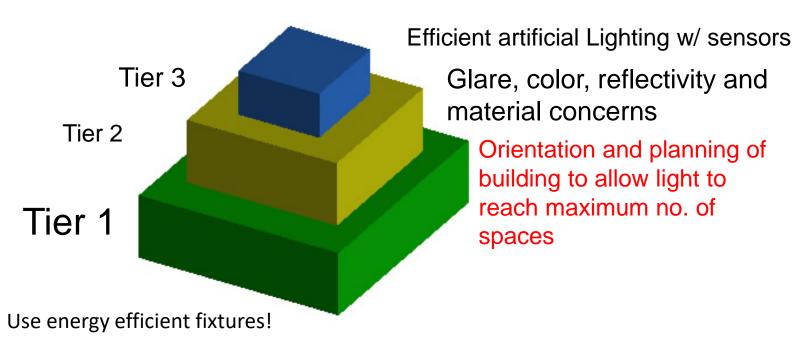
INNOVATION:

- 1. wind cowls
- 2. solar chimneys
- water features



PASSIVE Strategies - DAYLIGHTING

The tiered approach to reducing carbon with **DAYLIGHTING**:



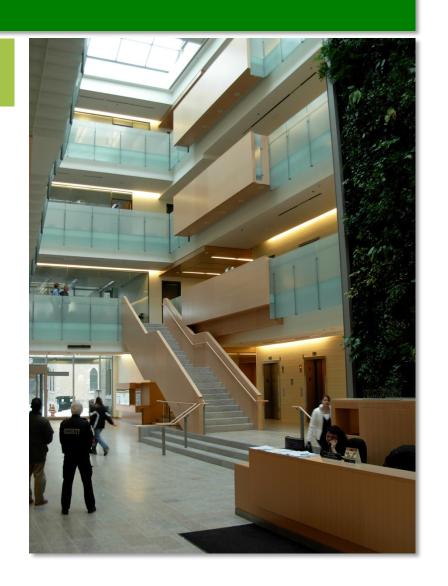
Maximize the amount of energy/electricity required for artificial lighting that comes from renewable sources.

Source: Lechner. Heating, Cooling, Lighting.

PASSIVE Strategies - DAYLIGHTING

GLARE, COLOUR, REFLECTIVITY, MATERIALS:

- incorporate light dynamics
- avoid glare
- understand the function of material selection; eg. reflectivity and surface qualities
- balance color and reflectivity with amount of daylight provided



PASSIVE Strategies - DAYLIGHTING

ENERGY EFFICIENCY AND RENEWABLES:

- use energy efficient light fixtures (and effectively!)
- use occupant sensors<u>combined with light level</u><u>sensors</u>
- aim to only have lights
 switch on only when daylight
 is insufficient
- provide electricity via renewable means: wind, PV,
 CHP



Lights on due to occupant sensors when there is adequate daylight – WASTES ENERGY!

Radical RETHINKING:

DESIGN FOR YOUR LOCAL CLIMATE!

ERADICATE

"MacDonald's Type Architecture"

PASSIVE - BIO CLIMATIC DESIGN

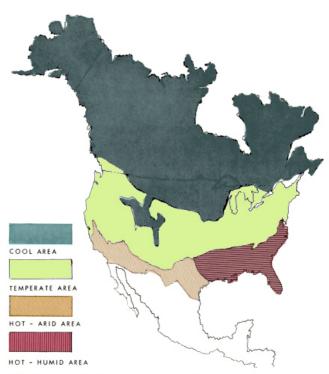
Design must first acknowledge regional, local and microclimate impacts on the building and site.

COLD

TEMPERATE

HOT-ARID

HOT-HUMID



11. Regional climate zones of the North American continent.

Image: 1963 "Design With Climate", Victor Olgyay.

Bio-climatic Design: COLD

Where WINTER is the dominant season and concerns for conserving heat predominate

- First INSULATE
- exceed CODE requirements
- -build tight to reduce air changes
- Then INSOLATE



YMCA Environmental Learning Centre, Paradise Lake, Ontario

Bio-climatic Design: HOT-ARID

Where very high summer temperatures with great fluctuation predominate with dry conditions throughout the year.

- Solar avoidance : keep DIRECT SOLAR GAIN out of the building
- -respect the DIURNAL CYCLE
- use heavy mass for walls



Traditional House in Egypt

Bio-climatic Design: HOT-HUMID

Where warm to hot stable conditions predominate with high humidity throughout the year.

- SOLAR AVOIDANCE : large roofs with overhangs that shade walls and to allow windows open at all times
- PROMOTE VENTILATION
- USE LIGHTWEIGHT MATERIALS that do not hold heat



House in Seaside, Florida

Bio-climatic Design: TEMPERATE

The summers are hot and humid, and the winters are cold.

The four seasons are almost equally long.

- BALANCE strategies between COLD and HOT-HUMID
- maximize FLEXIBILITY in order to be able to modify the envelope



IslandWood Residence, Seattle

Radical GREEN

IS POSSIBLE!
RIGHT NOW!

Radical | Green

Terri Meyer Boake
School of Architecture | University of Waterloo
tboake@uwaterloo.ca